Frequent Fitness Program
If you are a member at a participating health club and work out 12 or more times per month, you will receive a reimbursement of $20.00 on your membership fee. A maximum of 2 adult household members may participate.
To enroll in this program, you must be an employee who has elected a Medtronic Health Plan. Not all health clubs participate in this program; check with your health plan's website for the list of participating health clubs:

BCBS [www.bluecrossmn.com/mdt](http://www.bluecrossmn.com/mdt)
Health Partners [www.healthpartners.com/medtronic](http://www.healthpartners.com/medtronic)

To enroll: 1. Go to your participating fitness center and ask for an enrollment form for Fitness Discounts. You will need to have your health plan member ID card with you. You may have to ask for a membership director. 2. Complete the enrollment form onsite at the participating fitness center. 3. Make sure you have correctly entered your member ID card information. Any changes to your health plan membership should be updated with your health club where you enrolled in the program to ensure that you receive the credit. Your health club will automatically issue the monthly credit in your membership dues the month following when you meet the requirements. It may take up to two months to see your credit the first time you earn the reimbursement.

United HealthCare [www.myuhc.com](http://www.myuhc.com)
UHC Fitness Reimbursement Program

Please note: the Medtronic Wellness Centers do not qualify for the Frequent Fitness Program.